

**Utah Department of Health
Bureau of Health Facility Licensing, Certification and Resident Assessment**

**Physician Order for Life Sustaining Treatment
Utah Life with Dignity Order**

Version 2 – 9/09

State of Utah Rule R432-31
(<http://health.utah.gov/hflcra/forms.php>)

<p>This is a physician order sheet based on patient wishes and medical indications for life-sustaining treatment. Place this order in a prominently visible part of the patient's record. Both the patient and the physician must sign this order (two physicians must sign if the patient is a minor child). When the patient's condition makes this order applicable, first follow this order, and then, if necessary, contact the signing physician.</p> <p>Physician's Name:</p> <p>Physician's Phone:</p>	<p>Last Name of Patient:</p> <p>First Name/Middle Initial:</p> <p>Date of Birth:</p> <p>Effective Date of this Order:</p>
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(IF NOTHING IN A SECTION IS CHECKED, CAREGIVERS SHOULD PROVIDE THE FULLEST TREATMENT DESCRIBED IN THAT SECTION UNLESS THAT TREATMENT DIRECTLY CONFLICTS WITH A TREATMENT CHECKED IN ANOTHER SECTION)

<p>Section A Check one</p>	<p>Treatment options when the patient <u>has no pulse and is not breathing</u>:</p> <p><input type="checkbox"/> Attempt to resuscitate <input type="checkbox"/> Do not attempt or continue any resuscitation (DNR)</p> <p>Other instructions or clarification: _____</p> <p>_____</p> <p>_____</p>
<p>Section B Check one</p>	<p>Treatment options when the patient <u>has a pulse and is breathing</u>:</p> <p><input type="checkbox"/> Comfort measures only: Oral and body hygiene; reasonable efforts to offer food and fluids orally; medication, oxygen, positioning, warmth, and other measures to relieve pain and suffering. Provide privacy and respect for the dignity and humanity of the patient. Transfer to hospital only if comfort measures can no longer be effectively managed at current setting.</p> <p><input type="checkbox"/> Limited additional interventions: Includes care above. May also include suction, treatment of airway obstruction, bag/valve/mask ventilation, monitoring of cardiac rhythm, medications, IV fluids. Transfer to hospital if indicated, but no endotracheal intubation or long-term life support measures.</p> <p>Other instructions or clarification: _____</p> <p>_____</p> <p><input type="checkbox"/> Full treatment: Includes all care above plus endotracheal intubation, defibrillation/cardioversion, and any other life sustaining care required.</p> <p>If necessary, transfer to (hospital name): _____</p> <p>Other Instructions or clarification: _____</p> <p>_____</p> <p>_____</p>
<p>Section C Check all that apply</p>	<p>Antibiotics: (Comfort measures are always provided)</p> <p><input type="checkbox"/> No antibiotics</p> <p><input type="checkbox"/> Antibiotics may be administered</p> <p>Other Instructions or clarification: _____</p> <p>_____</p> <p>_____</p>

Section D Check all that apply	Artificially administered fluid and nutrition: (Comfort measures are always provided) Feeding Tube: <input type="checkbox"/> No feeding tube <input type="checkbox"/> Defined trial period of feeding tube <input type="checkbox"/> Long-term feeding tube Other Instructions or Clarification: _____ _____	IV Fluids: <input type="checkbox"/> No IV fluids <input type="checkbox"/> Defined trial period of IV fluids <input type="checkbox"/> IV Fluids
Section E Check all that apply	Discussed with: <input type="checkbox"/> Patient / Parent(s) of Minor Child <input type="checkbox"/> Surrogate (source of legal authority, name, and phone number): _____ <input type="checkbox"/> Other (name and phone number): _____	

Patient preferences to guide physician in ordering life-sustaining treatment

Section F	I have given significant thought to life-sustaining treatment. Please see the following for more information about my preferences: Advance Directive <input type="checkbox"/> no <input type="checkbox"/> yes Other: _____ I have expressed my preferences to my physician or health care provider(s) and agree with the treatment order on this document. Please review these orders if there is a substantial permanent change in my health status, such as: Close to death Advance progressive illness Improved condition Permanently unconscious Extraordinary suffering Surgical procedures	
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Brief summary of medical condition and brief explanation of treatment choice:

Signature of person preparing form (if not patient's physician)	Print name and phone number	Date prepared:
Signature of physician or other licensed practitioner	Print name and license number	Date signed:
Signature of second physician or other licensed practitioner (required for minor patients only)	Print name and license number	Date signed:
Patient, Parent, or Surrogate signature	Print name and phone number	Date signed:
Patient, Parent, or Surrogate signature	Print name and phone number	Date signed:

Review and Change to Life with Dignity Order

Review this form whenever any of the following happen:

1. The patient is transferred from one care setting to another;
2. The patient's health status changes substantially and permanently; or
3. The patient's treatment preferences change.

If the patient or the patient's surrogate changes the treatment preferences in this order, complete a new form and place it in the patient's medical record. This form is valid for both adult and pediatric patients

**A COPY OF THIS FORM MUST ACCOMPANY THE PATIENT WHEN TRANSFERRED OR DISCHARGED
(INCLUDING TRANSFERS TO HOSPITAL EMERGENCY DEPARTMENTS)**